

## COVE SAMPLE BAR MENU

# THE COVE BAR

### LIGHT BITES & STARTERS

Olives, dipping oil and bread	£4.95
Homemade soup of the day with accompaniments	£5.95
Chilli nachoes with avocado and lime dip	£4.50

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### MAIN COURSES

Crispy battered haddock, hand cut chips, mushy peas and homemade tartare sauce	£15.75
Quay burger; 2x4oz burgers layered with bacon, Emmental cheese, house mayo and salad in a brioche bun with French fries	£15.95
Vegan saffron and oat milk risotto, roast vegetables, toasted seeds and garlic bread	£15.95(v)
Quay dopiaza curry, naan bread and cauliflower tabbouleh	
Chicken	£15.85
roast turmeric vegetables	£15.75(vg)
Superfood salad, toasted bulgur wheat and chick peas, roast vegetables, mixed seeds, garlic, chilli and lime guacamole	£14.95
add chicken	£3.95

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### 9" QUAY PIZZAS

Fresh pizza dough topped with a Pomodoro tomato sauce

Please choose from;

Goats cheese, Welsh honey and almond	£12.95(n)(vg)
Meat feast, pepperoni, salami and Parma ham	£13.95
Margaretta (mozzarella and tomato)	£12.50(vg)

### DESSERTS

Organic lemon and whisky posset with shortbread biscuit	£5.50
Wild strawberry cheesecake with summer fruits	£6.95
A selection of Welsh cheese with accompaniments	£8.95

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### SANDWICHES

All served with house slaw and salad garnish

Open poached salmon, dill and cucumber on Tan lan granary harvester	£9.95
Egg and watercress baguette, egg and chive mayonnaise topped with watercress	£8.50
Glazed classic Caerphilly Welsh rarebit with bacon and poached egg	£10.95
Pan seared Steak and onion marmalade ciabatta	£12.95
Chicken tikka and yogurt flat bread with mango chutney	£9.95
Smashed avocado, chilli and lime on multi grain sourdough with poached egg	£9.50

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### SIDES

Triple cooked chips	£3.75
French fries	£3.50
Side salad	£3.50
Cheesy garlic bread	£3.95

*Any allergens or special dietary requirements, please speak with your server.*  
v - Vegetarian n - Contains Nuts